



One Hundred Gram Report

Multigrain Flatbread Crust

+1 (262) 513-9237

1814 Dolphin Dr.
Waukesha, WI 53186

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Nutrient	Value	Unit
Calories	256.92	kcal
Calories from Fat	36.15	kcal
Total Fat	4.02	g
Saturated Fat	1.25	g
Trans Fat	0.11	g
Polyunsaturated Fat	1.94	g
Monounsaturated Fat	0.72	g
Cholesterol	0.00	mg
Sodium	373.32	mg
Total Carbohydrates	48.46	g
Dietary Fiber Compliant	2.08	g
Dietary Fiber Not Compliant	0.00	g
Sugars	2.43	g
Added Sugars	1.72	g
Protein	8.35	g
Vitamin D	0.00	mcg
Calcium	13.35	mg
Iron	0.72	mg
Potassium	78.76	mg
Thiamin	0.12	mg
Riboflavin	0.08	mg
Niacin	0.83	mg
Folate DFE	24.68	mcg DFE
Food Folate	24.68	mcg
Folic Acid	0.00	mcg
Moisture	37.80	g
Ash	1.37	g



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Nutritional data provided by AIB is based solely on information provided by the client and the ingredient manufacturers.