



## One Hundred Gram Report

# White Wheat Flatbread Crust

+1 (262) 513-9237

1814 Dolphin Dr.  
Waukesha, WI 53186

[BAKERSQUALITY.COM](http://BAKERSQUALITY.COM)

Nutrient	Value	Unit
Calories	263.20	kcal
Calories from Fat	33.66	kcal
Total Fat	3.74	g
Saturated Fat	1.11	g
Trans Fat	0.90	g
Polyunsaturated Fat	0.54	g
Monounsaturated Fat	1.19	g
Cholesterol	0.00	mg
Sodium	490.64	mg
Potassium	69.83	mg
Total Carbohydrates	49.67	g
Dietary Fiber	1.11	g
Sugars	2.91	g
Protein	8.69	g
Vitamin A	0.00	IU
Vitamin C	0.00	mg
Calcium	10.85	mg
Iron	0.94	mg
Thiamin	0.14	mg
Riboflavin	0.10	mg
Niacin	1.18	mg
Folate	26.94	mcg
Moisture	36.30	g
Ash	1.60	g



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Nutritional data provided by AIB is based solely on information provided by the client and the ingredient manufacturers.