



WHITE FLATBREAD

ONE HUNDRED GRAM REPORT

NUTRIENT	VALUE	UNIT
Calories	263.20	kcal
Calories from Fat	33.66	kcal
Total Fat	3.74	g
Saturated Fat	1.11	g
Trans Fat	0.90	g
Polyunsaturated Fat	0.54	g
Monounsaturated Fat	1.19	g
Cholesterol	0.00	mg
Sodium	490.64	mg
Potassium	69.83	mg
Total Carbohydrates	49.67	g
Dietary Fiber	1.11	g
Sugars	2.91	g
Protein	8.69	g
Vitamin A	0.00	IU
Vitamin C	0.00	mg
Calcium	10.85	mg
Iron	0.94	mg
Thiamin	0.14	mg
Riboflavin	0.10	mg
Niacin	1.18	mg
Folate	26.94	mcg
Moisture	36.30	g
Ash	1.60	g



Nutritional data provided by AIB is based solely on information provided by the client and the ingredient manufacturers.

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AIB International Food Labeling





MULTIGRAIN CRACKER CRUST PIZZA CRUST/FLATBREAD

ONE HUNDRED GRAM REPORT

NUTRIENT	VALUE	UNIT
Calories	256.92	kcal
Calories from Fat	36.15	kcal
Total Fat	4.02	g
Saturated Fat	1.25	g
Trans Fat	0.11	g
Polyunsaturated Fat	1.94	g
Monounsaturated Fat	0.72	g
Cholesterol	0.00	mg
Sodium	373.32	mg
Total Carbohydrates	48.46	g
Dietary Fiber Compliant	2.08	g
Dietary Fiber Not Compliant	0.00	g
Sugars	2.43	g
Added Sugars	1.72	g
Protein	8.35	g
Vitamin D mcg	0.00	mcg
Calcium	13.35	mg
Iron	0.72	mg
Potassium	78.76	mg
Thiamin	0.12	mg
Riboflavin	0.08	mg
Niacin	0.83	mg
Folate DFE	24.68	mcg DFE
Food Folate	24.68	mcg
Folic Acid	0.00	mcg
Moisture	37.80	g
Ash	1.37	g



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FOCACCIA FLATBREAD

ONE HUNDRED GRAM REPORT

NUTRIENT	VALUE	UNIT
Calories	253.02	kcal
Total Fat	6.73	g
Saturated Fat	2.72	g
Trans Fat	0.08	g
Polyunsaturated Fat	2.31	g
Monounsaturated Fat	1.62	g
Cholesterol	0.00	mg
Sodium	562.12	mg
Total Carbohydrates	41.52	g
Dietary Fiber Compliant	1.45	g
Dietary Fiber Not Compliant	0.00	g
Sugars	1.14	g
Added Sugars	0.51	g
Protein	7.72	g
Vitamin D mcg	0.00	mcg
Calcium	11.15	mg
Iron	0.85	mg
Potassium	59.66	mg
Thiamin	0.18	mg
Riboflavin	0.09	mg
Niacin	1.17	mg
Folate DFE	27.56	mcg DFE
Food Folate	27.56	mcg
Folic Acid	0.00	mcg
Moisture	41.90	g
Ash	2.13	g



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BEER INFUSED FLATBREAD

ONE HUNDRED GRAM REPORT

NUTRIENT	VALUE	UNIT
Calories	271.59	kcal
Calories from Fat	34.00	kcal
Total Fat	3.78	g
Saturated Fat	0.95	g
Trans Fat	0.90	g
Polyunsaturated Fat	0.65	g
Monounsaturated Fat	1.27	g
Cholesterol	0.00	mg
Sodium	393.49	mg
Potassium	81.12	mg
Total Carbohydrates	51.37	g
Dietary Fiber	1.99	g
Sugars	2.55	g
Protein	8.66	g
Vitamin A	0.00	IU
Vitamin C	0.00	mg
Calcium	17.55	mg
Iron	0.66	mg
Thiamin	0.14	mg
Riboflavin	0.10	mg
Niacin	1.05	mg
Folate	20.29	mcg
Moisture	34.77	g
Ash	1.42	g



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CHIPOTLE FOCACCIA UNBAKED FLATBREAD

ONE HUNDRED GRAM REPORT

NUTRIENT	VALUE	UNIT
Calories	247.67	kcal
Total Fat	5.69	g
Saturated Fat	2.28	g
Trans Fat	0.06	g
Polyunsaturated Fat	1.97	g
Monounsaturated Fat	1.38	g
Cholesterol	0.08	mg
Sodium	591.25	mg
Total Carbohydrates	42.66	g
Dietary Fiber Compliant	1.67	g
Dietary Fiber Not Compliant	0.04	g
Sugars	2.49	g
Added Sugars	1.63	g
Protein	7.79	g
Vitamin D mcg	0.00	mcg
Calcium	13.68	mg
Iron	0.94	mg
Potassium	69.97	mg
Thiamin	0.19	mg
Riboflavin	0.10	mg
Niacin	1.27	mg
Folate DFE	30.54	mcg DFE
Food Folate	30.54	mcg
Folic Acid	0.00	mcg
Moisture	41.59	g
Ash	2.27	g



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CHIPOTLE CRACKER CRUST FLATBREAD

ONE HUNDRED GRAM REPORT

NUTRIENT	VALUE	UNIT
Calories	258.16	kcal
Total Fat	3.94	g
Saturated Fat	1.30	g
Trans Fat	0.11	g
Polyunsaturated Fat	1.78	g
Monounsaturated Fat	0.75	g
Cholesterol	0.00	mg
Sodium	549.92	mg
Total Carbohydrates	48.99	g
Dietary Fiber Compliant	1.83	g
Dietary Fiber Not Compliant	0.00	g
Sugars	2.75	g
Added Sugars	1.91	g
Protein	8.15	g
Vitamin D mcg	0.00	mcg
Calcium	13.64	mg
Iron	0.70	mg
Potassium	77.09	mg
Thiamin	0.09	mg
Riboflavin	0.08	mg
Niacin	0.77	mg
Folate DFE	23.35	mcg DFE
Food Folate	23.35	mcg
Folic Acid	0.00	mcg
Moisture	37.12	g
Ash	1.80	g



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HERBED FOCACCIA UNBAKED FLATBREAD

ONE HUNDRED GRAM REPORT

NUTRIENT	VALUE	UNIT
Calories	247.48	kcal
Total Fat	5.53	g
Saturated Fat	2.27	g
Trans Fat	0.06	g
Polyunsaturated Fat	1.89	g
Monounsaturated Fat	1.31	g
Cholesterol	0.17	mg
Sodium	679.56	mg
Total Carbohydrates	42.85	g
Dietary Fiber Compliant	1.67	g
Dietary Fiber Not Compliant	0.04	g
Sugars	2.29	g
Added Sugars	1.51	g
Protein	7.94	g
Vitamin D mcg	0.00	mcg
Calcium	19.11	mg
Iron	1.01	mg
Potassium	70.79	mg
Thiamin	0.19	mg
Riboflavin	0.10	mg
Niacin	1.25	mg
Folate DFE	30.44	mcg DFE
Food Folate	30.44	mcg
Folic Acid	0.00	mcg
Moisture	41.17	g
Ash	2.51	g



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HERBED CRACKER CRUST FLATBREAD

ONE HUNDRED GRAM REPORT

NUTRIENT	VALUE	UNIT
Calories	258.76	kcal
Total Fat	3.72	g
Saturated Fat	1.27	g
Trans Fat	0.11	g
Polyunsaturated Fat	1.68	g
Monounsaturated Fat	0.66	g
Cholesterol	0.11	mg
Sodium	543.23	mg
Total Carbohydrates	49.43	g
Dietary Fiber Compliant	1.85	g
Dietary Fiber Not Compliant	0.00	g
Sugars	2.53	g
Added Sugars	1.78	g
Protein	8.35	g
Vitamin D mcg	0.00	mcg
Calcium	19.94	mg
Iron	0.78	mg
Potassium	78.33	mg
Thiamin	0.09	mg
Riboflavin	0.07	mg
Niacin	0.75	mg
Folate DFE	23.19	mcg DFE
Food Folate	23.19	mcg
Folic Acid	0.00	mcg
Moisture	36.70	g
Ash	1.80	g



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